**SUMMER YOGA AT ILLUMINATE YOGA STUDIO KYNETON**

EARLY MORNING SUMMER IYENGAR YOGA INTENSIVE\*  
**Monday 8th January – Friday 12th January, 2018 inclusive**

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| **MON 8** | **TUE 9** | **WED 10** | **THU 11** | **FRI 12** | **SAT 13** | **SUN 15** |
| 6.30-7.45am   SUMMER INTENSIVE   Lee | 6.30-7.45am   SUMMER INTENSIVE   Lee | 6.30-7.45am  SUMMER INTENSIVE  Lee | 6.30-7.45am   SUMMER INTENSIVE  Lee | 6.30-7.45am  SUMMER INTENSIVE  Lee | 9.30 -11am  Iyengar Yoga experienced  Lee | Phew! Rest! |

**\*Bookings essential**

SCHOOL HOLIDAY TIMETABLE  
**MONDAY 15TH – SUNDAY 28TH JANUARY**

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| **MON** | **TUES** | **WED** | **THU** | **FRI** | **SAT** |
|  |  |  |  | 6 - 7.15am IYENGAR YOGA Lee | 8-9.15am GENERAL YOGA  Milly |
| 9.30 - 10.30am  GENTLE YOGA  Lucy |  |  | 9.30 - 11am VINYASA FLOW YOGA  Renata |  | 9.30 -11.15am  IYENGAR YOGA  Lee |
|  |  |  |  | 2 - 3pm COMMUNITY YOGA **(free)** Milly |  |
| 7 - 8.15pm GENERAL YOGA  Milly | 7.30 - 8.45pm BEGINNERS IYENGAR YOGA  8 week course  Lee | 7.30-9pm IYENGAR YOGA Intermediate  Fiona | 7.30 -8.45pm BACK TO BASICS Lucy |  |  |

**Term one timetable begins Monday 29th January:** [**www.illuminateyogastudio.com.au**](http://www.illuminateyogastudio.com.au)

Beginners Iyengar Course starts Tuesday 16th January, All other courses including Intermediate Iyengar Course starts in the week 29th January, Term 1.